

Austin/Travis County 2-Gen Coalition

Quarter 4 Meeting
December 11, 2019

At your table

Name

Organization

What's a resource for families that a lot of people are missing out on because they don't know about it?



Meeting Goals

- Review and celebrate accomplishments for the last 3 months
- Share updates and training opportunities
- Health and Mental Health Resources
- Determine Health and Well Being Priorities for 2020
- Connect with new people in the 2-Gen Coalition Network



Meeting Agenda

- Accomplishments of last 3 months!
- Health and Wellbeing Priorities for 2020
- Announcements



Role of Network Members

As 2-Gen coalition members, your job is to:

- Attend quarterly meetings, collaborate with other member organizations and service providers, and report on relevant activities
- Generate awareness of and enthusiasm for the 2-Gen model and the Plan
- Participate in execution of relevant action steps within the agreed upon timeframe
- Provide data, share resources developed, best practices, and training opportunities with the network
- Continue to provide input on Plan implementation

Accomplishments of last 3 months!



New Annie E Casey Fnd Grant



- Increase the financial stability of young adult parents (18-24)
- Improve the well-being of their children



Key Goals of the AECF project

1. Complete a thorough Landscape Scan
2. Identify how to strengthen connections between organizations supporting young parents
3. Identify new ways to engage and retain young parents
4. Identify how to modify existing programs to better serve young parents
5. Identify supportive system and policy changes
6. Draft an implementation plan

- **Strategic plan goal** is to get more parents through ESL/HSE and on to the next step in their middle skill job pathway
- **Meeting goal** was to identify actions steps to accomplish next year
- **Resulting priority steps** don't cost anything and the result of collective group

**UNITED WE FIGHT.
UNITED WE WIN.**

LIVE UNITED®

Parent Advisory Leadership Group



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Special Thanks



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UFCU Scholars Program

- UFCU donated \$70,000 to cover testing fees, tuition and text books for credit-bearing classes
- \$100 in a savings account once a scholar completes ACC AE program
- State is also now covering testing fees for those taking GED exams!



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JP Morgan & ACC

- \$250,000 grant will support ACC's Career ACCelerator Program
- Will fund expanded apprenticeships and other earn-and-learn positions for students



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ACC 2019 Star Awards Recipient

- On November 22nd the Texas Higher Education Coordinating Board presented the 2019 Star Awards to ACC
- Austin Community College was recognized for it's Z-Degrees (Zero Cost Textbooks) Initiative.





Goodwill Exploration Center



Increased quality and access for families!



Building Capacity in our Network

Over 275 people in our stakeholder network received free training!

- Trauma informed care 8/19
- Motivational interviewing 8/21, 9/5, 9/24 and 11/8
- Middle skills job training with WFS 10/7
- Arizona Matrix training 10/25
- Beyond Diversity 11/12-13



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New 2-Gen Programming Success

121 Families served



131 Children served

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**Family Pathways Work:
What Other Accomplishments
Can we Celebrate?**

Updates



Volunteer Opportunities

- Jordan Gutierrez-Ramirez
Corporate Volunteer Coordinator
Jordan.Gutierrez-Ramirez@uwatx.org
- **Website:** volunteer.uwatx.org



Taking Stock of work in 2019

1. Reviewed 90+ action steps (aligned with 2-Gen strategies)
2. Most -complete or on track to be completed by end of year
3. Some- ongoing, will continue into 2020
4. Others- incomplete for various reasons

Lesson Learned:

Less is more; Prioritize what has the greatest impact!



Let's keep our vision in mind

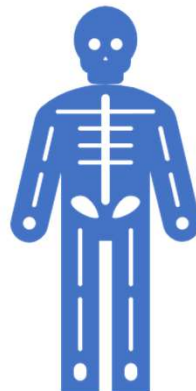
- More parents attain economic stability
- More organizations are family focused

Health & Wellbeing Resources

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STRATEGY 1: Increase availability of information that can strengthen families' health and well-being.





Requested Health & Well-being information

- Self-care -strategies feasible for single parents/caregivers
- Importance of regular exercise
- Accessing and eating healthy food
- Substance use prevention/intervention
- Domestic/family violence
- Suicide prevention/self-injury
- Family planning/Sexually transmitted infection (STI) education
- Preventative health care-annual visits, immunizations, well child and well woman exams, etc.
- Mental health
- Primary Care Physician (PCP) instead of emergency room/urgent care

On a sticky note, write your best resource for one of these topics and attach to related poster

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Workplace Training Request - NAMI Central Texas

namicentraltx.org/workplace_training_request/

NAMI Austin is now NAMI Central Texas to reflect our growing community.

Calendar | Newsletter

NAMI Central Texas
National Alliance on Mental Illness

SUPPORT AND EDUCATION GET INVOLVED EVENTS WHO WE ARE RESOURCES **CRISIS** **DONATE**

Workplace Training Request

Training Request Workplace Only

Fields marked with an * are required

Select a Presentation *

- Managing Stress: Six Strategies that Can Change Your Life
- Speak Up: Dispelling the Mental Health Myths that Keep Us Quiet
- "How Are You, Really?": Creating a Supportive Environment for Mental Health

How many will attend? * Date * Start Time *

10 of 10 Character(s) left

Audience Demographic * What is the primary objective of this presentation? * How did you hear about NAMI presentations? *

250 of 250 Character(s) left 100 of 100 Character(s) left

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Presentation Request Form - NAMI Central Texas

namicentraltx.org/presentation_request/

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Presentation Request Form

Presentation Request

Fields marked with an * are required

Select a Presentation *

- What is NAMI Central Texas? - 30 minute presentation for anyone
- Ending the Silence - 50 minute presentation for middle and high school students
- Parents and Teachers as Allies - 90 minute presentation for teachers, administrators, school health professionals, parents and others in the school community
- Let's Talk - Starting the Mental Health Conversation with Your Teen - 60 minute presentation for parents and caregivers
- In Our Own Voice - 40 or 60 minute presentation for peer groups, college students, law enforcement officials, educators, providers, faith community members, politicians, professionals, inmates and interested civic groups
- Speak Up: Dispelling the Mental Health Myths that Keep Us Quiet - 60 minute presentation for community groups

Due to limited staff capacity, we require all evening and weekend presentation requests ensure a minimum of 25 participants in attendance. If your group is smaller than 25, we ask you to consider collaborating with another group or organization to increase participant attendance. Or you can secure NAMI Central Texas presentation for a smaller group with a \$50 donation which helps defray our program costs.

How many will attend? * Date * Start Time *

Health & Wellbeing Priorities 2020



Action Step Prioritization 2020

1. Review and discuss each action step
 - Which steps would better help you meet the health and wellness needs of your families?
1. Identify whether any key action steps are missing
2. Identify your top 2 priority action steps for 2020
 - Which have the greatest impact?
 - Which are ready to move?

Announcements



Announcements

- Mental Health First Aid is now set for Tuesday, February 11, 2020
<https://unitedway-mhfa2-11.eventbrite.com>
Password: mhfa2/11
- Advocacy training for non profit leaders date TBD
- Trauma Informed Care & Motivational Interviewing
Provided by the Literacy Coalition for members of the 2-Gen coalition



Upcoming Trainings

- 2020 Census Ambassador Training
 - January 13th: 1:30 - 3:30 pm
 - January 30th: 9:00 - 11:00 am
 - February 4th: 9:30 - 11:30 am
 - February 19th: 1:30 - 3:30 pm
 - March 5th: 9:30 - 11:30 am
- For more information, more dates and to register visit:
<https://www.missionbox.com/group/264/central-texas-2020-census>



Financial Coaching vs Counseling

- **Financial Counseling** – One-on-one interactions that focus on solving immediate financial issues.
- **Financial Coaching** – Ongoing one-on-one interactions that focus on achieving financial goals.



Upcoming Trainings

- Financial Huddle
 - Financial Huddle March 3rd 2020 9:30-11:30
- Financial Coaching
 - Date TBD (Spring 2020)



FII is looking for Families

- FII trusts and invests directly in low-income families so they can work individually and collectively to achieve prosperity.
- FII has an open waiting list. Go to <https://www.uptogether.org> and select sign up with an active email address and zip code



Pre-K –Help fill the Open Slots

- Free full day Pre-K 3 and Pre-K 4 in AISD and Manor
- Major expansion of offerings this year
- Enroll anytime



Board Diversity and Inclusion

- Program invites nonprofit boards ready to take first step increasing their diversity and encouraging equity and inclusion to apply to be a part of the The New Philanthropists (TNP) Board Inclusion Assessment
- Apply here: <https://www.tnpaustin.org/nonprofit-board-application/>



Surveys



Wrap Up

- Thank you!
- Please complete a meeting evaluation
- Future meeting dates are listed in MissionBox – please RSVP!
 - Q1 2-Gen Coalition March 10, 2020
 - Q2 2-Gen Coalition June 3rd, 2020
 - Q3 2-Gen Coalition September 16, 2020
 - Q4 2-Gen Coalition December 9, 2020