



Trainings Available through Infant and Early Childhood Mental Health Project (IEC)

Teacher & Director Trainings*

- Difficult Discussions with Parents
- Effective Directives & Labeled Praise (Responding to Challenging Behaviors)
- Engaging Parents
- “FLIP IT” Approach to Challenging Behavior
- Leadership Styles
- Meaningful Relationships with Children
- Neurobiology of Trauma
- Pyramid Model
- Trauma-Informed Care in Early Childhood
- Second Step
- SEL Milestones
- Self-care
- Typical vs Atypical Sexualized Behaviors in Young Children
- Understanding Challenging Behaviors

Parent Trainings

- Effective Directives & Labeled Praise (Responding to Challenging Behaviors)
- Healthy Sleep Habits for Children
- Introduction to IEC
- SEL Milestones
- Screen time: Impacts and Limit-Setting

*Please note that most educator/director trainings can be adapted for parent audiences.

Interested in scheduling a training? Contact Keri Moran at kmoran@austinchildguidance.org or (512) 451-2242