# **BLESSED ASSURANCE YOUTH FOUNDATION**

# HOLIDAYS4CHANGE PROJECT PROPOSAL

Youths in action for change (yafoc)

## 1. Project summary

The strength of every society, structure and institution, in the world depends on the strength of its youthful population. It is well known that youths constitutes the greater and most active section of every population and whose actions can either contribute to the developing or the destroying the society. Technological developments in the 21<sup>st</sup> century have a two side effect on youths as the contribution made by youths in bringing about positive development in communities is dropping as compared to the past with only a remnant paving through the challenging times to play their minimal role in societal development. Many youths instead of being productive and helping grow their societies out of the developmental challenges they are facing rather sow negatives seeds which are keeping most especially African societies and communities aback.

The Holiday4change project is therefore designed with the hope of re-integrating youths in to actions which will contribute to their development and the development of the community where they live especially during summer holidays which last very long. The program adopts an empowerment and engagement approached whereby youths are empowered, capacitated and then engaged in to actions that will contribute to local development and the improvement of living conditions. The project implementation area is Awing one of the Villages in the North West Region of Cameroon and targeted to run for a period of 2 Months (July-August) yearly.

#### 2. Project background information

A. General Context (cultural, socio-political situation, economic situation)

For two years, there have been socio-political crises in the North West and South West Regions of Cameroon which have left many schools in the region close. Many youths are bond to live school. Awing a community in the North West Region for example, has a student population of close to 5000 (five thousand) and a total number of 45 locally based educational structures.

With the closure or partial operation of these schools, students and pupils have been bond to stay at home for a period of two years. Many of the parents within the community are poor and cannot afford to send their children to schools in other parts of the country with stability. This situation has greatly hampered the academic growth and development of these youths and has greatly increased their frustrations.

It is from this backdrop that Holiday4Change project is design with the objective of reawakening the minds of the youths even within the short holiday period towards self-development and engaging them in actions that will make them more helpful to them in their future. The program equally sees how to engage the youths in actions that will make them more useful to themselves and the community from where they are coming from.

#### B. Problem Statement:

The youth in Awing have got a lot of economic and social problems. The weight of these challenges is felt most especially during the summer holidays that run from June-August each year during. Even though youth population is dominant in the village especially during summer holidays, there are no job opportunities or activities to absorb them and help them develop life skills and acquire psychosocial support. As a result the youth do involve in illegal activities such as theft, gangsters, prostitution and so on to sustain their lives so of these social problems results from lack of recreation or entertainment centers, etc. The lack of recreation center has led to engagement of youth in bad habits such as chewing chat (local stimulant plant) and drinking alcohol. In a survey carried out, 75% of the youth indicated that the reason for problems and social unrest caused by youth especially during summer holidays is due to lack of entertainment and empowerment centers for them and parents who have the opportunity to send their children out of the village do so without considering the external and pressure of the town life.

The consequences of these act are enormous both on the community including the fact that many of the youths end up not even going back to school when schools resume because they are held down by the effects of their actions. While the boys prefer to continue with their newly adopted habits, some of the girls become pregnant and cannot make it back to school.

Equally considering that most practices carried out during the summer holidays, are student unfriendly, when some even get back to school, they is a decline in performance and others become threats to their teachers.

At present the large number of the youth engaged in using drugs and prostitution for girls show not only how we will miss the future leaders but also how we need to spend on trying to solve the problems caused by these youths within our community. Thus it is essential to act as soon as possible to reverse the deteriorating situation of the youth at least to maintain the sustenance of our generation. Their potentials could be used for the development of the community as they can contribute to the attainment of the development agenda that we are hoping to attain as a community.

It is by recognizing this that we present this proposal for the Holiday4change project aim at helping youths contribute to change by empowering and helping them engage in activities for the betterment of their own life and of the community

#### C. Project objective

#### Main objectives

The over role objective of this project is helping youths contribute to change by empowering and helping them engage in activities for the betterment of their own life and of the community

## Sub objectives

- Providing psychological, cultural and re-creative activities as a protection of psychosocial health of youths
- Providing an opportunity to youths to gain positive working habits, as well as knowledge and skills that aren't included in a school curriculum and capacities
- Encouraging creativity and talents development in adequate and informal surrounding
- Encouraging motivation among children, youths, trainers for additional education and group work by new methods Socialization of youths through cultural and creative work as a kind of a treatment for overcoming and resisting the post traumatic syndrome
- Form youth peer and support groups to provide platform for exchange among youths
- Provide innovative solution to overcome peer groups and drugs improving cooperation, communication, understanding, trust and friendship among youths
- Preparing youths for further education and future employment through gaining necessary knowledge and skills
- Organize seminars in adolescent growth and health, life skills development other ways
  of youth's education as addition of regular education in schools and other areas due the
  needs of wider social community

#### 3. Beneficiaries

This project targets directly the over 1000 youths that spend their summer holidays within the Awing community who will be benefiting from both the learning and the opportunities for experience offered by the project.

Indirectly, families of the beneficiaries will equally benefit from the project as their children will learn new livelihood skills. The community will equally be a beneficiary to this project as the youths taking part volunteerism programs under the project will be contributing directly to the development of the community.

#### 4. Activities to be carried

## A. Youth capacity building seminars

During the summer Holidays we will organize three different seminars which handle the different needs of youths within the community. The seminars will include

- Life skills development seminar
- Health seminar
- Education and capacity building seminar

The objectives of these seminars will be to give youths key skills which will help young people within the community better respond to their day to day challenges.

## B. Community health intervention program

The community health intervention program will be a program meant to engage youths in health discussions and equally engaging youths in actions towards the promotion of health and wellbeing within the community. The program will run a special health caravan that will do community health education with focus on hygiene, sanitation and nutrition. This program will be bring together 50 volunteers who will do the community education after a preliminary workshop and capacity building on community health with focus on key health issues affecting the community. The team will carry out health related activities in the different quarters of the community with focus on awareness creation and information gathering which will be used to establish a based line situation of the health condition of the population.

The team will make use of different outlets including; quarter meetings, public gatherings, church services, and other social gatherings to relate health related information.

#### C. Youth volunteerism program

The Youth Volunteerism Program has existed for over three years and has as objective to engage youths in carrying out humanitarian actions towards identified Key or vulnerable populations within the community with focus on the old, sick and disabled. Our main interest is

contributing to promote the health and wellbeing of such individuals and enhancing sanitation services. Activities under this program will include, cleaning in homes of the target population, provision of cleaning packs and sanitary kits. The program will equally evaluate the health conditions of these targets and will be concealed on how to improve their health situation.

Each year, the program works with atleast 50 volunteers with the desire to invest back in to their community by carrying out voluntary actions towards targeted population. The program is closely related to the health team because it works to respond to some of the health gaps identified by the health teams especially with issues of hygiene and sanitation for the old person's.

Under this program, key targets are identified and then volunteers are given sanitation kids and they visit targets who are mostly old people, sick people and vulnerable persons.

#### D. Youth environmental program

The youth environmental program is another aged program with focus laid on the protection and preservation of the environment. A main component of the program includes preservation and protection of the environment. Some of the project activities include tree planting in public spaces, environmental cleaning and maintenance of community roads. Youths are mobilized at level of the quarters and they carry out these activities depending on the needs at the level of the community.

This year, the program will provide each quarter with trees, and some tool and indications on how these trees and other environmental actions should be carried out. The program will equally pay more emphasis on cleaning water sites such as stream and springs making them clean and proper for community use.

## E. Holiday4Change launching and close out

The project will have a launching and close out session. The launching will be a joint come together of entire community with most especially youths during which the plan for the holiday for change will be presented to the youths and the entire population. During the launching and closing phrases, special communications will be made by identified resource persons with the objective of motivating the youths and engaging the youths in to actions that will lead to positive change within the community.

The general close out of the project, will be done at the end of the project. It will be an event bringing the entire community including leaders, population and project implementers. During the close out, they will be a showcase of all project activities for the period of two months and awards and recognitions given to outstanding youths with outstanding performance during the Holiday4change project.

#### 5. Timeframe

2 month

#### 6. Project management

A management team will be set up to manage the activities of the Holiday4change project headed by the project office of Blessed Assurance Youth Foundation and comprising the local authorities within the community and the youths of the all the different youth structures within the community. The management team will ensure that project objectives are met in line with the targets and provide follow-up reports on progress and performance. Project evaluation will be held with all management team, beneficiaries, and relevant teams with the project report made available at the end of the implementation phase.

# 7. Project Time Line

| Project Time line (July-August)          |    |    |    |    |    |    |    |    |
|------------------------------------------|----|----|----|----|----|----|----|----|
| PROJECT ACTIVITIES                       | W1 | W2 | W3 | W4 | W5 | W6 | W7 | W8 |
| PHASE 1 Project Planning                 |    |    |    |    |    |    |    |    |
| Planning                                 | X  |    |    |    |    |    |    |    |
| Project Launching                        |    |    |    |    |    |    |    |    |
| PHASE 2                                  |    |    |    |    |    |    |    |    |
| Project Activities                       |    |    |    |    |    |    |    |    |
| Seminars                                 |    |    |    |    |    |    |    |    |
| Community health intervention program    |    |    |    |    |    |    |    |    |
| Volunteerism Program                     |    |    |    |    |    |    |    |    |
| Environmental Program                    |    |    |    |    |    |    |    |    |
| PHASE 3 Project Close out and evaluation |    |    |    |    |    |    |    |    |
| Evaluation                               |    |    |    |    |    |    |    |    |
| Close out                                |    |    |    |    |    |    |    |    |

# 8. Budget Summary

|     | Organization                                               | Blessed Assurance Youth Foundation       |  |
|-----|------------------------------------------------------------|------------------------------------------|--|
|     | Project title:                                             | Holidays4Change                          |  |
|     | Duration                                                   | 2 months (June-August)                   |  |
|     | Location                                                   | Awing Village-North West Region Cameroon |  |
|     | Total Budget                                               | 1,950,000                                |  |
| S.N | Description                                                | Total (FCFA)                             |  |
|     | Equipment and Material                                     |                                          |  |
| 1   | Sanitary Kits                                              | 250,000                                  |  |
| 2   | Medical Kits                                               | 200,000                                  |  |
| 3   | Materials and Documentation                                | 150,000                                  |  |
| 4   | Hand tools                                                 | 250,000                                  |  |
|     | Project Activities                                         |                                          |  |
| 1   | Life skills development and capacity building seminars (3) | 250,000                                  |  |
| 3   | Motivation to volunteers                                   | 250,000                                  |  |
| 4   | Close out of activities                                    | 150,000                                  |  |
|     | Project Running                                            |                                          |  |
| 1   | Transportation                                             | 250,000                                  |  |
| 2   | Communication                                              | 100,000                                  |  |
| 3   | Others                                                     | 100,000                                  |  |
|     | Total (XFCFA)                                              | 1,950,000                                |  |