
MISSION STATEMENT

The mission of the Center is to enhance family and community life through its Child Abuse Prevention programs and services: patterns of abusive behaviors are replaced with effective skills of non-violent parenting; positive and healthy parent-child relationships are strengthened; juvenile delinquency and other youth-related problems are prevented; and parents' potentials in resolving their difficulties are developed and maximized.

Founded in 1989

The Exchange Club Center for the Prevention of Child Abuse of Southern CT, Inc.

(Dba The Parenting Skills Center) strengthens the family by educating parents and children, replacing violent parenting tendencies with age appropriate positive discipline techniques while building family resiliency and behaviors that parallel success and wellbeing.

Client referrals come from the Department of Children and Families, schools, hospitals, behavioral health centers, child protective teams, the community at large and prospective clients calling directly.

The Exchange Club Parenting Skills Center

141 Franklin Street • Stamford, CT 06901

(203) 327-9419

Fax (203) 359-8677

Office Hours

Monday-Friday

8:30 am—4:30 pm

Closed on Holidays

Available Nights and Weekends

*All programs are available in
Spanish, Creole and English.*

Free parking available on site.
24 hour security.

For more information please contact:

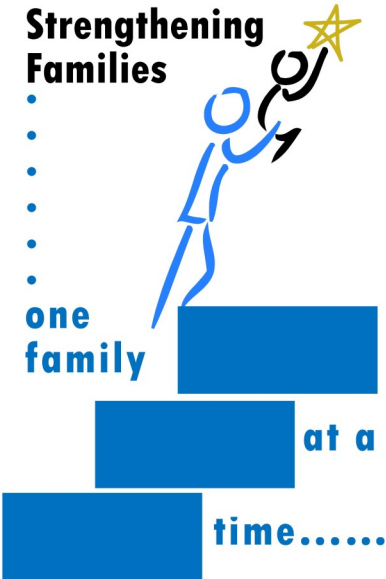
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Sponsored By
The Department of Children & Families
The Conn. District Exchange Clubs



“Creating Family Wellbeing”

Agency Services:

- ◆ Home Based Parenting Support Services Program
- ◆ Home Based **Hope Educate Love Protect (HELP)** for Kids; **HELP** Fatherhood Initiative -& **HELP** Crisis Intervention program.
- ◆ Home Based—Community Support Services Program
- ◆ Parenting Education Support groups: Circle of Security Parenting Groups, and Substance Abuse Intervention/Parenting Groups, Nurturing Parenting groups and School Groups
- ◆ Kid's First Supervised Visitation & Parenting coaching.

GROUP, WORKSHOPS AND SCHOOL FORMAT PARENTING PROGRAMS

- **Multicultural Parenting Support Groups:** Groups are based on the conceptual model of “The Nurturing Program”. These groups provide general parenting information based on the child’s age and stage of development. The groups are family-centered and designed to build positive parenting skills, improve family communication, and conflict resolution.
- **The Parent Project:** a parent training program designed specifically for parents of strong-willed or out-of-control adolescent children. The curriculum teaches concrete identification, prevention, and intervention strategies for the most destructive of adolescent behaviors (poor school attendance and performance, alcohol and other drug use, gangs, runaways, and violent teens).
- **School Based A.S.P.I.R.A & Attendance Parenting Groups:** a group based program provided in local schools to help with academic success, increased parental involvement and increased productivity in the students. The school based parenting groups improve attendance and attitude towards learning and facilitates student integration into the school system. Advocacy and the home/school connection is emphasized.
- **24/7 DAD® Fatherhood Groups:** teaches men the characteristics they need to be good fathers 24 hours a day, 7 days a week. 24/7 Dad® Program consists of 12 group-based sessions that build on the growth and development of fathers and children as caring, compassionate people who treat themselves, others, and the environment with respect and dignity.

THE HOPE EDUCATE LOVE PROTECT (HELP) FOR KIDS PROGRAM

The evidenced-based National Exchange Model is a family home-visitation model. Parent HELP educators act as mentors and provide intensive support, information, and modeling of effective parenting -- all in the home of the family. Services are family centered and focus on: Child safety: This includes attention to medical, dental, or mental health care needs; safe housing; and freedom from child abuse, neglect, and domestic violence. Problem solving skills: HELP educators assist parents in developing their abilities to resolve crisis and issues that arise (e.g. family violence, abuse, addiction, homelessness, budget, housing, relationship issues). Through strength based coaching, HELP educators assist parents to recognize what may have led to the problem, identify steps to address it, and make referrals and case manage for clinical services and provide more intensive assistance as needed.

Our staff are Human Service professionals who provide advocacy and support, concrete services, transportation, guidance, parenting education and act as a positive role models for our client families.

Our Staff are also case managers who are liaisons between families and community services such as Child Guidance Centers, substance abuse and recovery programs, behavioral and mental health, educational system and other service providers.

24-hours on call support is provided for families in crisis.

TRIPLE “P” POSITIVE PARENTING PROGRAM

The Triple P – Positive Parenting Program® is a parenting and family support system designed to prevent – as well as treat – behavioral and emotional problems in children and teenagers. It aims to prevent problems in the family, school and community before they arise and to create family environments that encourage children to realize their potential.

SUPERVISED VISITATION PROGRAM

This program consists of supervised visits between parents and children as requested by families, court judges, attorneys, the Department of Children and Families or by private referrals.

Parenting coaching is available based on requests.

Visits are professionally documented.

Reports are available when subpoenaed.

Visits take place in the family visitation room at the Center or location arrangements can be made with the referral source.

Video taping is available upon request.

Contact Cristian Campos at CristianC@ecpsc.org for more information

