



141 Franklin Street Stamford, CT 06901

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www.exchangeclubparentingskillscenter.org



Child abuse and neglect has no economic, geographic or ethnic boundaries. It does not discriminate between affluent and low-income communities. It often does not appear as scrapes or bruises, but takes many other forms. The effects of child abuse and neglect can be devastating – leaving emotional, physical, mental scars that remain if the cycle is not broken.

We ask you to join our efforts in stopping and preventing child abuse in Fairfield County.

Thank you for your support!

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Every child deserves to feel love and compassion from their parents or caregivers. Every child has the right to live without fear. Every child should have the opportunity to be safe.

Every child deserves a future.



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- ❖ Our programs are structured to make an impact in breaking the cycle of child abuse and to prevent the destruction of a child's self-worth.
- ❖ Our programs teach safe parenting, reducing out of home placements.
- ❖ We help to reduce isolation due to culture and language barriers, fostering closer relationships between children and their parents.
- ❖ We promote the use of community resources by connecting families to health care partners, schools, and housing.
- ❖ We improve the quality of life and possible life spans of children and their family members through life skills education.
- ❖ We motivate children and their families to learn about themselves as human being and contributing members of our society
- ❖ We help children to improve their academic skills and attendance by engaging parents in their children's education, teaching them good decision making and problem solving skills.
- ❖ We enrich children, parent, and care givers perspectives of themselves through identifying their strengths based on their real life experiences.

All programs are offered in English, Spanish and Creole, all programs are researched and evidenced based

*501 (c)(3) Organization Sponsored By
The Department of Children & Families &
The Connecticut District Exchange Clubs*

**24-hours on call support is provided
for families in crisis.**

Your donation will change a child's life forever.

Without intervention and treatment, the scars of child abuse and neglect last a lifetime and become a cycle passed on to the next generation. A donation given to prevent and treat the trauma of child abuse and neglect will help families to build a strong foundation and grow in love. In our Nation, an average of 5 children die daily at the hands of their caretakers. All donations to the Parenting Skills Center support programs that stop the cycle of child abuse and neglect for children and their families. Your donation strengthens the community and helps keep families intact. Alternatives, like the Foster Care system, separate the family and are costlier than the work we do. The Center's average cost is \$2,500 for each family we work with. In comparison, the Federal & State government spends an annual average cost of \$25,000 per child in the Foster Care system.

Exchange Club Parenting Skills Center helps keep families together and functioning instead of breaking them apart.

Childhood is short. The window for ensuring that children get the nurturing and love they need to thrive is very narrow. We hope you decide to partner with us in the fight against child abuse and neglect. There are so many ways to help! We encourage you to reach out, volunteer, donate and care for those in your community that need it most. Together we can improve the lives of countless children living with abuse. Together we can bring these children hope and help them to grow in loving and supportive family environments. Together we can make this world better, stronger, and more compassionate for our own children as well.

Please let us know how you can help.

We have many volunteer opportunities during the year.

Your donations and time will foster a change and break the violent, debilitating cycle of abuse.

Thank you for all your support!

Donna M. Miller, MS, CIPP
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**Strengthening Families,
Strengthening Communities.**