



HOPE FOR RWANDA
Inspiring for a brighter future

Welcome!

It is with great pleasure that hope for Rwanda presents to you the continuous work engaged in impacting our societies through bringing support and justice to young teen mothers often hidden under pressured and stigmatized unfortunate circumstances of their lives.

We unveil the mask to bring healing.

Hope for Rwanda starting in 2012, driven by the impeccable eagerness to light up the world of the most vulnerable teen mothers ensuring a healthy and peaceable, productive and promising future of our country by facing what the society has been rejecting and gave no attention to instead judged, misunderstood and forsaken hence rising a shattered and incomprehensive people increasingly in committing crimes regarded as the result of carelessness of the victims, which has been the virus in the corner that people cared not to eliminate but went forth on the surface neglecting the big issue at the depth of our societies. Such issue is what made Hope for Rwanda to rise.

Day by day, as we work towards achieving our goals, we are ever thankful to our partners who see the need as we do and are committed to address it, in acknowledgement of our partners: The Republic of Rwanda, Global Fund for Children, Never Again Rwanda, Ministry of Gender Promotion (MIGEPROF), Gender Monitoring Office, National Women Commission (CNF), National Youth Council (NYC), Global Fund for Children Grantee Network (GFCGN).

Hope for Rwanda hereby welcomes you as you take on to know our steps, well explained projects to run as well as what we have as support service for the beneficiaries and from there you can have a picture of where we are heading.

Thank you.

Copain Fabrice BIENAIME

Executive Director

Hope for Rwanda

Meet our Governance Board



BETTY MUTESI
President of the board of directors.

Humanitarian and Social Justice expert

KARUHANGA DAVID
Vice President of the board of directors.

Lawyer & Human rights activist



COPAIN FABRICE
General Secretary.

Health Professional & Human rights Activist

J. DAMASCENE N. KALINDA
Advisor

Lawyer, Human rights Activist & International Political Analyst



ANNE ABAKUNZI
Member

Education Strategist

NKURUNZIZA JOSEPHINE
Member

Feminist , Women Rights Activist & Humanitarian



Hope for Rwanda.

Who we are

Hope for Rwanda is a local non-profit organization based in Rwanda and registered by the Rwanda Governance Board 88/RGB/NGO/2017, it was founded in 2012 to address the lack of existing services for teen mothers and pregnant teens, we wanted to provide vulnerable teen mothers a positive place where they felt supported instead of judged.

We are one of Rwanda's first centers working with teen parents; especially teen mothers; and their children. Currently we offer counselling & health advises, legal assistance, capacity building in economic livelihood human and children's rights, prenatal and positive parenting advice to adolescent mothers aged 14-19 years old.



Where We Are Now

Hope for Rwanda, provides support service and necessities to more than 726 adolescent single mothers from 5 districts (Gasabo, Kicukiro, Kirehe, Ngoma and Rulindo district).

We are proud to lead the way in serving adolescent single mothers to become self-reliant parents to their children by providing them with highly individualized support to achieve their goals in being involved and engaged in their children's lives.

We understand that each one of them has experiences that are unique to them and a starting point program reflects that. adolescent single mothers gain valuable skills and become more knowledgeable about infant care, bonding, attachment, developmental play, guiding behaviors and positive discipline that increase their capacity to parent more effectively and create a solid foundation on which to build a family life.



Our Approach to Services

We use an integrated service model that entails working closely with beneficiaries to ensure they achieve their goals and that our services and programs meet their needs by making it possible for them to access numerous programs including counselling, legal support, capacity building,

community outreach, group support and others.



What we do



Psychosocial support

Single adolescent mothers want to do what is right for their children. they often have low income and require strong support, networks and a comprehensive array of resources to help them parent effectively while working toward becoming self-sufficient adults. One of the consequences of having a child while you are young is that your health, psychological and social well-being is immensely affected. Our health and psycho-social support program facilitate teen mothers' access to health care to ensure that they are healthy physically and mentally/emotionally.

On the other hand the same program holistically create conditions for their children's normal growth and development, ensuring that these children access health care, education, recreation and effective parenting.

With professional counseling methods, this program provides free counseling, psychotherapy, and guidance services to single adolescent mothers for them to restore their psychological and physical wellbeing and reintegrate the community as dignified members.





Capacity building for economic livelihood.

Hope for Rwanda provides a wide range of capacity-building services in form of vocational trainings, after school coaching for schooling beneficiaries, mentorship, workshops and training to teen mothers in Rwanda, the program also seeks the opportunity to continuously empower teen mothers by giving them skills training and an opportunity to go back to school; this is done through established projects such as:

- **BUILD** (becoming unique, independent, literate and different) a 3 months projects that empowers teen mothers with life skills, economic livelihood and entrepreneurship
- **LEARN AND CREATE:** a 6 month vocational training curriculum that equip beneficiaries with practical skills in sewing, tailoring, embroidery and handcraft, which is meant to empower and support them to become self-sustained

Legal Aid program

The violation of one right leads to a number of other rights violation, this means that when a minor get pregnant, this leads to the violation of many of her rights, the child that she bears, her family and the chain continues until this impacts negatively the whole society and the country at large. In this program we aim at bringing justice, not only in legal forms but also in the families by establishing a sense of normalcy and not inflict upon our beneficiaries the pain of becoming outcasts and a shame in their communities.

The legal aid program at Hope for Rwanda uses out of court settlement methods of dispute resolution between the teen mothers and all other parties involved in supporting and protecting the adolescent single mother's rights. For the past three years, this program has address issues related to paternity, claim of alimony, women and children's rights among others.



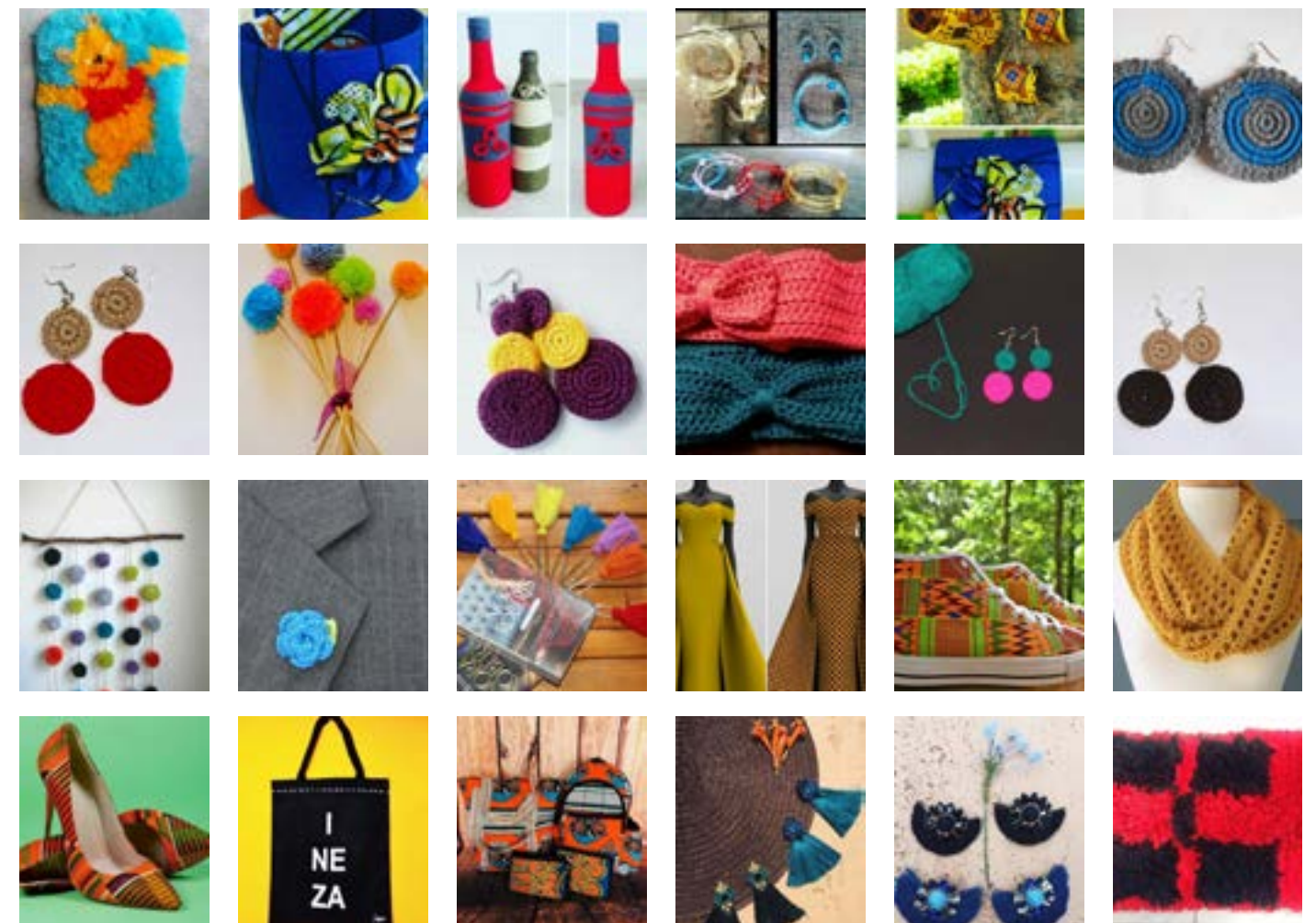
Community Outreach

The community outreach project is designed to prevent adolescent risk behavior by helping adolescents aged 12-18 develop healthy behaviors, life skills, and a sense of purpose. This is a project that works through other projects that Hope for Rwanda implements and it provides a preventive approach to teenagers that haven't got in the position of Hope for Rwanda's beneficiaries.



CreaShion Sewing Rooms

CreaShion Sewing Rooms is a social enterprise that instructs, produce and trade clothes to tackle social problems. Our goal is to improve the health and wellbeing of Hope for Rwanda's beneficiaries. We do this through sewing training workshops, handcraft and production of clothes soft furnishings, decors for interiors to be sold to private and corporate clients. We exist to make a difference to the lives of our beneficiaries supported through other programs that Hope for Rwanda runs, and while we earn money through trade just like a normal business, what we do with that profit makes all the difference.



How we work

- **Induction period:** During this period, teen mothers are registered, and are evaluated on their psychosocial health, economic status, health status and legal status to better understand and prioritize the interventions on a personal level.
- **Counseling and Psychosocial therapies:** Through the psychosocial support program, all new beneficiaries receive a standard of 6 individual therapies and 2 group therapies which takes up 1 month. However if a person is not on the psychological entry level as advised by the counselors, extra therapies are undergone.
- **Capacity building:** After the therapy, we assume that a person can follow instruction and learn at ease. They are then enrolled into the BUILD Program where they learn a variety of skills for three months then they can join the “Lean & Create VTC” for practical skills for 3 months. This step makes it 6 months of intensive learning at our center and or in the community.
- **Support groups and other services:** The support groups as well as the legal Aid clinic run after the counselling and psychosocial therapies. And they run simultaneously as needs arise.

My names are UMWALI Sandrine, before I got pregnant, I wanted to become a doctor but when I gave birth I first went through depression, I thought that it was the end of my life that I was no longer someone and I got to know that Hope For Rwanda helps teen mothers, they taught us the way to building ourselves, you see when you are still alone, you think that you are the only one to whom the tragedy befell but am now doing fine with tailoring any type of cloth. So there is a difference between who I was and who I am now.

The reason why I changed my vision from becoming a doctor to a tailor is because my mom brought me back in school when I had drop out in s3, she paid my school fees with the money she got from tailoring, that's how I found myself liking and honoring the work of tailors and later on took on the same path to becoming a tailor.

I thank Hope for Rwanda for guiding me through the journey of becoming myself again through different discussions and programs we had.

I can advise other young teen mothers to set goals for the future and work hard to achieving them for there is hope for the future and also befriending one another for there is power in supporting each other.





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In partnership with

