

# MENTORSHIP PROGRAM

### HOUSE OF TIMOTHY OVERVIEW

House of Timothy desires to work with each young man entrusted to us by:

- Encouraging them in their spiritual, emotional, mental, social and physical growth.
- Providing opportunities for them to become assets rather than liabilities--givers rather than takers.
- Instilling a profound yet enthusiastic work ethic.

# OUR GENERATION IN ACTION



From beach days, to community service, we're there!

#### PROGRAMS OFFERED

#### Regeneration Program

We offer a 12 month
Regeneration Program
that focuses on young
men, ages 18-25.
These young men may
have mental health
issues, Substance Use
Disorder, and/or
behavioral issues.

#### **Mentorship Program**

• We offer an intense Mentorship Program; this program focuses on young men ages, 12-25. This program can be done through the schools, at home, churches, and other community settings.

#### TAILORED FOR OUR GENERATION

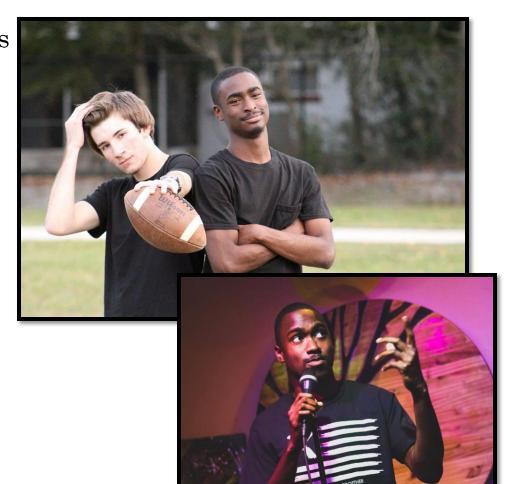
House of Timothy is tailored to provide support to families and help young men who may exhibit these types of challenging behaviors:

- Mild to moderate 'acting out' issues at home, school, and community settings
- Coping with ADD / ADHD
- Frequent lying and deceptive ways
- Defiance and / or disrespect for authority
- Battles with impulse control
- Communication obstacles
- Troubles from anger, anxiety, or fear
- Character or integrity concerns
- Dysfunctional behaviors stemming from an unstructured lifestyle

\*This is NOT a complete list of what we are tailored to provide.\*

## A BRIGHTER TOMORROW

- Life Skill Classes
- Empowerment Coaching (Individualized Empowerment Plan)
- Community Outreaches
- Workshops
- Weekly Team Huddles
- Parenting Classes
- Resume Building
- Tutoring
- Culinary Arts
- Etiquette
- Sport Activities
- ...and more



### PATH TO GROWTH

House of Timothy uses a 4 phase system, that helps to provide objectives, and goals when working with the young men, that can be applied when they're in school, at home, and in the community.

The next 4 slides will, provide you with details of each of these phases.

**ORIENTATION PHASE** 

### ORIENTATION PHASE

#### **OBJECTIVE:**

• For the resident to adjust and comply with the program rules and submit to authority.

#### **GOALS:**

- Obeying Authority = Quickly carrying out directions of those who are in authority. Doing what you are asked the first time without arguing with staff.
- Respecting Authority = Respecting those in leadership and following instructions of all staff.
- Taking Responsibility = Knowing and doing what is expected of you.
- Eliminating all cursing. (ZERO TOLERANCE)

#### PHASE I

### PHASE I

#### **OBJECTIVE:**

During Phase I, you are expected to know and obey the rules of House of Timothy. You are expected to learn to submit to authority.

#### **GOALS:**

- Truthfulness = Accurately reporting past facts. When asked: telling the truth and speaking the truth, showing respect through honest communication.
- Orderliness = Arranging yourself and personal area, showing appropriate behavior in your personal and pr
- Punctuality = Showing respect for others and yourself by always being on time.
- Thoroughness = Doing things right the FIRST time.
- Gratitude = Having an attitude of thanksgiving.
- Honor = Having an attitude of preferring others over self.

### PHASE II

### PHASE II

#### **OBJECTIVE:**

On Phase II, the young men are taking the initiative in many areas, in the house, and any assigned role. You will be working on your issues and beginning to trust and openly discuss your needs. Phase II is a time to develop coping skills, as you learn to work to overcome past hurts, with the help of teachers, staff, community leaders, counseling, and other outlets.

#### **GOALS:**

- Thriftiness = Becoming a good steward and an example.
- Self-discipline = Recognizing and rejecting wrong desires and doing what is right.
- Initiative = Recognizing and doing what needs to be done before I am asked do it.
- Meekness = Giving up my needs to be right and never allowing that to ruin a relationship.
- Sincerity = Practicing doing what is right more than wanting to do what is wrong.
- Humility = Acknowledging and treating everyone with respect and honor.

#### PHASE III

### PHASE III

#### **OBJECTIVE:**

Phase III is a time when leadership skills are being developed. On this phase, you must become increasingly responsible and trustworthy. You will be expected to act reliably in all areas of your personal and professional life.

- Patience= Accepting a difficult situation with an appropriate attitude, not demanding own way.
- Sensitivity= Looking beyond the faults of others and seeing their needs.
- Wisdom= Seeking counsel (Teachers/Staff Mentors and/or Relatives) and making a sound decision.
- Virtue= General Moral Excellence. Consistently doing what is right.
- Tolerance= Realizing that everyone is at different levels of character development.
- Loyalty= Using difficult times to demonstrate your commitment to another.
- Speaking the truth in love and caring enough to confront.
- Joyfulness= Maintaining a good attitude even when faced with hard situations.
- Meditation= learning to deal with family relationships in a calm manner.

### FROM OUR PRESIDENT

On the Board of Directors, staff, and myself we say thank you for taking the time to view our presentation.

As president of House of Timothy, I challenge you today to take advantage of this opportunity to learn more about House of Timothy by visiting our website at <a href="https://www.HouseofTimothy.com">www.HouseofTimothy.com</a>!

It is my desire that our generation of young men become equipped to be the leaders they're destined to be. These young men will be prepared with renewed vigor and innovative ideas, to help serve the community and beyond.

Stronger together,

Dr. Willie J. Montague Founder/President House of Timothy