

2017 IMPACT REPORT



300+

Caring volunteers



400+

Clients served



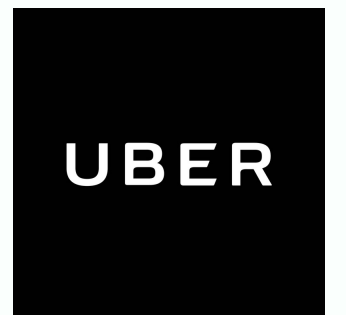
100,000+

Meals were delivered

THANK YOU FOR SUPPORTING OUR PROGRAMS

Delivering More Than a Meal
Heal Healthy at Home
Supporting Veterans on the Homefront
Food & Shelter
Keeping People & Pets Together

WE COULDN'T HAVE DONE IT WITHOUT OUR GENEROUS PARTNERS



MINI OF SANTA MONICA



Lives you helped Impact in 2017

Homebound but not Broken

Amelia* was just shy of her 20th birthday when a drunk driver hit her and her co-worker as they were on their way to work. From that moment on her life was forever changed. After a 51-hour surgery, one of the longest in history, Amelia survived but found that she would be bound to a wheelchair for the rest of her life. Despite this hardship,



Amelia says she was determined to fight on. She married George*, a man she had known since she was young, and together they built a life together. When Amelia speaks of George, her eyes glisten, and her voice slightly trembles. Three years ago she lost George to a sudden illness. Feeling lost and in despair, life's twists and turns eventually led to Amelia becoming homeless.

Today, Amelia lives in an apartment building for formerly homeless people with various disabilities. She is the friendly face that often greets the Meals on Wheels West volunteers at the gated entrance when they come to deliver. She enjoys the company of the volunteers who are often the only people she may see in a day. "Everyone is so great, very sweet; we always have a good talk," says Amelia. Amelia suffers from seizures and often cannot cook for herself. The meals provided help her balance her diet, maintain her weight and keep her healthy. "It keeps me alive, that's what it does," says Amelia.

*Amelia is a pseudonym.

He Served our Country, Now we Serve Him



United States Army Veteran Bruce received a Purple Heart in Vietnam and today he receives food from Meals on Wheels West in Santa Monica. It is his main source of nutrition. More importantly, he enjoys the company of the volunteers that deliver the meals. One in particular, Chris is a fellow veteran, and someone Bruce looks forward to seeing. "[Meals on Wheels West is] my only contact with people outside of TV or newspaper or seeing the landlord."

Every day your support enables our volunteers to deliver hot and fresh meals to people like Amelia and Bruce. Thank you so much for your continued support!