Imagine ...

You are one in five children who will experience the death of someone close to you.

Now, imagine
You don't have the words to express your grief.

In Northwest Ohio, that's more than 34,000 children under the age of 19*.

Good Grief Gives Children a Voice

Good Grief of Northwest Ohio offers a safe, healing place to gather, grieve, receive, and share support.

- **Group sessions** provide children with a warm and welcoming place to process their grief and learn new coping skills.

- **Professional staff and trained facilitators** encourage young people (ages 4 to 24) to express their thoughts and feelings through **music**, **play**, **art**, and other activities.

- **Parent/caregiver sessions** are offered while kids' groups are in session, giving them an opportunity to share their grief and to learn ways to help their children.

There is **never a charge for our services**, and families can attend sessions for as long as they feel it is necessary.

For more information, call **419.360.4939** or visit us on the web **GoodGriefNWO.org**.

*Ohio Census

Good Grief of Northwest Ohio

gather. grieve. **support.**

Volunteers

Our mission depends upon the efforts of dedicated, caring volunteers who fill many roles, from office and program support, to board committees and more.

Certified Good Grief Group Facilitators make a commitment to lead group support sessions, working directly with children or their caregivers.

All support group facilitators are required to complete:

- background checks
- pre-screening interviews
- comprehensive 18-hour training

Community Support

Internationally, there are more than 500 programs dedicated to helping children and their families deal with grief. Following their lead, Good Grief was established in 2012 as a non-profit organization committed to improving the lives of grieving children and families in Northwest Ohio.

Reach Out

If you are interested in becoming involved with Good Grief as a participant, volunteer, certified facilitator, or by making a donation, please visit our website GoodGriefNWO.org.

Good Grief of Northwest Ohio

Contact Us
419.360.4939
GoodGriefNWO.org