

Kids' Turn San Diego Overview

Kids' Turn San Diego is changing family relationships in positive ways so children experiencing family separations have happier childhoods and brighter futures.

Please meet Joshua who loves to play soccer.

"My parents are divorced and they never go anywhere together. Thanks to this program, I told my mom and dad that I really wish they would both come to my soccer games together like all the other kids on my team. Last night, they came to my game and sat near each other. And they didn't even fight! My friends all noticed and it was awesome!"

- Joshua, age 11

With almost 50% of marriages ending in divorce, Joshua's story is just one of many! Since 1996, our mission has been to promote, support and secure the well-being of children experiencing family separations so children can worry less about their family situation and focus more on being a kid.

"I used to feel sad when my parents argued all the time, but this program helped them listen to me and NOW, we're all getting along better!"

- Jamie, age 8

"I have lived through lots of deployments when my dad was gone for months and months, but now my parents are divorced and it's really different. This program helped me talk with my parents, and they listened! Now they understand why I was struggling so much. I'm feeling much better about myself, them and life. Thank you!"

- Carmen, age 15

At Kids' Turn San Diego, children learn coping and communication tools that will last a lifetime and parents learn strategies of how to handle challenging situations that change relationships in positive ways. We are creating brighter futures and happier childhoods for children!

Our programs include:

Family Workshops for Separated and Divorced Families
Creating Brighter Futures Counseling for Children
Community Series: Adult Children of Divorce
Continuing the Conversation for Parents

For more information, please call our Executive Director Cindy Grossman, LCSW, at 619-615-6289.