

## Our Mission

To provide a meaningful learning experience that will enrich and expand the lives of young adults with severe and profound disabilities.

## A Brief History

McCap was founded in 2001 by a group of parents looking for alternative programming for their young adults who had recently graduated from high school. These young graduates with profound mental and physical challenges needed a place to continue their growth and development. McCap began as a summer program and has expanded in to a part time, year round day program.

McCap is a parent run organization and receives no state or federal funds. We operate solely through tuition, donations, fundraising and grants.

## Program Description

McCap is a 501 (c) (3) non-profit organization that serves young adults and their families with special needs in McHenry County and the surrounding areas.

Participants may choose a 2 or 3 day a week program. Monday, Wednesday and Thursday 9:00 am to 3:00 pm are the days we are in session. We provide a 2:1 student to staff ratio and each participant is encouraged to reach their full potential.

## McCap Offers

Students participate in a variety of academic, social and therapeutic activities to improve daily living and gain independence through:

Community Field Trips - NISRA  
Music Therapy - provided by a certified music therapist  
Therapeutic Horseback Riding - instructed by Hooves to Heal in Marengo, Il - lessons are held on a

non classroom day and each family must provide their own transportation.

Field trips are offered through a collaborative relationship with NISRA - Northern Illinois Special Recreation Association

## Fundraisers

McCap has two large fundraisers each year. In the Spring we have a dinner, dance event with a live band, raffles, games and a silent auction. In the Fall, we have a similar event on a smaller scale. All McCap families are expected to participate in selling tickets, soliciting items for auction and prizes and in organizing of events. We also participate in the Knights of Columbus Tootsie Roll Drive, restaurant fundraisers and selling items like Butter Braids. McCap relies on the continued support, commitment and generosity of our families and community for its contributions to our Fundraisers. **Family involvement is an integral part of our successful organization and is imperative in keeping our tuition rates affordable.**

