



## Member Stories of Success

These are stories of success from Recovery Empowerment Network (REN) members in their own words.

### Video Stories

David - <https://www.youtube.com/watch?v=SiG0F2whitc>

Kevin - <https://www.youtube.com/watch?v=7Y77jxSS4Q4>

Tonya - <https://www.youtube.com/watch?v=fkUcz6ywdMc>

### Michelle C. May 2015

The most rewarding lifesaving program Arizona has to offer life changing Recovery Empowerment Network give me my life back gave me a purpose gave me a reason to wake up every morning and help me work on my self-esteem, self-conscious, how awesome it is to be alive. Today I have my driver's license, graduated of peer support training, got married and became a foster parent of two children with my wife. It's a place to build self-esteem in anything you do, such a positive program to be a part of. Thank you Ren love you a big family to be a part. I was depressed, angry, never going doing anything just staying in my closet or lock in my room not wanting to talk see anyone. In 7 years I have become a friend, a board member, a graduate, a licensed driver, a wife, and a mom a second time. All thanks to the people and members at Recovery Empowerment Network thank you for who I am and for all u do to help all of us all. I'm growing more and more every day I had no idea life could be so wonderful so bright so rewarding I'm alive I matter.

### Thou M. February 2017

REN is so wonderful the staff and members are very friendly. They treat you like family. They help me with my self-esteem I feel like on top of the world. I learned to love myself and be confident about myself when 3 year ago I didn't know what confidence looked like. Now I loved the new me. Thank you REN for your love and support with this journey you have really made a difference in my life.

### Paul F. May 2018

I have attended the HERO Young adult program for a year. I originally did not want to attend because I had experienced challenges in other organizations. However, REN worked diligently with my clinical team, family, and him to create a circle of support. I have grown in so many areas including building friendships, budgeting, setting boundaries, self-advocacy, and positive engagements. I now feel like I have a place where I can belong and be a positive member in the community.