

31,440
LIVES
CHANGED.
TOGETHER, WE CAN
CHANGE MORE.



MIL MILAGROS

A THOUSAND MIRACLES

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Mil Milagros (A Thousand Miracles) partners with communities to prevent malnutrition and hunger and to improve children's health and education in Guatemala.

Mission

Our Story

Mil Milagros is aligned with the United Nations Millennium Development Goals, now known as the Sustainable Development Goals. In 2008, we launched our pilot nutrition program serving 200 children in two schools, and since then have served more than 3,650 children with early childhood development, nutrition, hygiene, and education programs in predominantly rural, indigenous Maya communities.

A hungry child can't focus.
An unfocused child can't learn.
A child who can't learn can't succeed.
We're breaking the cycle.

Strong evidence shows that providing better nutrition within the critical window of a woman's pregnancy through her child's second birthday could break the cycle of poverty, save millions of lives, and increase a country's gross domestic product by at least 2 to 3 percent annually.

According to the World Bank Group, "when compared to a stunted child, a well-nourished child completes more years of schooling, learns better, and earns higher wages in adulthood, thereby increasing the odds that he or she will escape a life of poverty."^{**}

^{**}Reaching the Global Target to Reduce Stunting: How Much Will It Cost and How Can We Pay for It?

850

**mothers &
grandmothers
trained**

3,650

**children
served**



A New Cycle

Strengthening communities by developing women's and children's capacity as change agents.

By engaging and educating women, change not only happens, it grows, creating a brighter future for generations to come.

The mother-child relationship is a force that mobilizes a community to transform itself. We drive this change by educating mothers and grandmothers on how to prevent malnutrition and how to improve nutrition, health, and hygiene.

Eight hundred fifty mothers and grandmothers are the keys to Mil Milagros' success. We work with our partner schools to organize boards of mother and grandmother leaders in each community. We train these leaders, and they, in turn, train their peers.

Empowering women and eliminating gender
discrimination produces a double dividend.
Healthy, educated and empowered women
have healthy, educated and confident
daughters and sons.

— UNICEF



A Global Model

Proven in Guatemala.
Applicable in impoverished rural
communities across the globe.





Honestly, we have seen big changes. The children used to be severely malnourished. It was obvious when you saw them. But now they are growing and they are so much happier. Thank you, Mil Milagros, for bringing this program to our community.

— **Aracely, grandmother**

Our Programs

Early childhood development

Pregnant women and young children receive nutritional supplements, and mothers participate in weekly workshops to learn about nutrition, health and hygiene, parenting, and child development.

50% reduction

in rate of malnutrition & stunting
in the communities we serve



Our Programs

Nutrition

We feed hundreds of children every school day by purchasing food from local vendors and partnering with 850 mother and grandmother volunteers.

More than
250,000
meals served each year





Our Programs

Health & hygiene

Student council leaders and mothers and grandmothers help promote healthy hygiene practices and public health campaigns, and we provide essential supplies, including toothbrushes, toothpaste, soap, toilet paper, deworming medications, lice shampoo, and access to clean water.

In a country where 98% of the water supply is contaminated,

100% of our students
have access to clean drinking water

Our Programs

Education

We strive to ensure that every child graduates from sixth grade able to read, write, and comprehend, and we work to provide teachers with training, classroom materials, and books.

Compared to the national average of 66%,

97% of our sixth graders have graduated since 2010



Strategic Partnerships

In addition to significantly increasing student attendance and school performance, and providing women with knowledge and leadership skills, we leverage strategic partnerships to address other community needs that complement our core nutrition, health and hygiene, and education programs.

2 NEW SCHOOLS BUILT

3 SCHOOL KITCHENS BUILT

12 SCHOOL BATHROOMS BUILT

23 NEW HOMES BUILT

125 TEACHERS SUPPORTED



