Goals and Priorities

MORE has both understanding and expertise in addressing the needs of people new to this country. With compassion as a priority, we develop and invest in our newest neighbors. Long-term results of these efforts are that our participants learn English and other skills in order to increase their employability. They also improve their ability to care for their family. Ultimately, there is an improved quality of life for participants, their family members, and the entire community.



Contact Us

96 East Wheelock Parkway Saint Paul, MN 55117 (651) 487-2728 main (651) 487-1512 fax www.more-empowerment.org

MORE has aligned its practices, policies and procedures to widely accepted standards of accountability, leading us to greater strength, efficacy and to the achievement of the Meets Standards® seal through Charities Review Council.







Providing refugees and immigrants with the education and support they seek to become fully engaged members of our community.

You Belong Here

"We care about you and your families as our neighbors. We will support you. You matter to us. You are important to us. You will always be welcome at MORE."



In Fiscal Year 2017:

- Students spent over 36,000 hours in the classroom learning English
- Over 1,300 case management appointments were provided from Social Services
- More than 15,000 individuals were impacted by our Basic Needs Services
- On average, 19 individuals participated in 9 mental health sessions each

Our Programs

Education

 Refugees and immigrants are assisted in acquiring English language skills that will empower them to fulfill their employment, financial, and educational goals

Mental Health

 Culturally responsive individual and family counseling to address mental health distress caused by both current adjustment stressors and past traumas

Social Services

- Assistance with navigating social systems such as education, healthcare/medical, legal, housing, etc.
- Help provide financial stability through distributing donated food, clothing and household items at no cost

Our newest neighbors are empowered to live peaceful lives free of poverty.

Celebrate & Support Refugees

Since 2012, MORE's Run for Refugees 5K event has provided an opportunity for our community to unite in support refugees and immigrants!

