### Peer Support Training



Prepare for an exciting career as a Peer Support Specialist. Learn to help people in recovery, furthering recovery, and how to lead healthy, happy, and productive lives.

For additional information contact:

Training Department 928-460-4411 tnazcare@nazcare.org

# Warm Line CALL US - WE LISTEN 1-888-404-5530 4:30 pm to 10:30 pm, 7 days a week

#### For additional services and Wellness Center locations, visit our website at:

#### www.nazcare.org

Administrative Office 599 White Spar Rd. Prescott, AZ 86303 Phone: 928-442-9205

Complaints number 1-800-640-2123

Compliance for Fraud and Abuse 928-214-1178

SMI Client Rights 1-877-923-1400

HCIC's Crisis Line 1-877-756-4090

Cenpatico's Crisis Line (Nurse Wise) 1-866-495-6735

For hearing impaired, please use the Arizona Relay Service at 711 or (800) 367-8939, or find



As a 501(c)3 non-profit organization, your contributions are gratefully accepted and are tax deductible.

## Empowering people to change lives



NAZCARE Administration 8128 E. HWY 69, Suite 201 Prescott Valley, AZ 86314 928,442,9205

#### A Place to Discover and Embrace Recovery

#### **Our Vision**

Our vision is to assist and empower all people in discovering and embracing recovery and wellness.

#### **Our Mission**

Our mission is to provide quality wellness services to individuals and families with mental, co-occurring and substance use disorders in order to promote recovery and wellness.



New Hope, Prescott

NAZCARE works closely with guidance clinics, intake centers, community organizations, natural supports and families. With these groups, we begin planning the implementation of services and support systems for the individual so that they may receive integrated behavioral health services within the system of care.

#### **Wellness Centers**

NAZCARE, Inc. has implemented a holistic approach to recovery and wellness by addressing the whole person in mind, body and spirit.

#### Services include:

- One-on-one Peer Support
- Peer Whole Health
- Education on monitoring skills
- Wellness Planning/Whole Health Management
- Recreational Activities Arts/Crafts
- Exercise/Diet/Nutrition
- Socialization/Life Skills
- Employment Readiness
- Support Services
- Community Integration
- Peer Whole Health/Wellness Checks
- In Home Living Skills
- SMART (all addictions ) Recovery
- Integrated Wellness

Members are co-creators of their centers and support each other in their recovery.

People come here to communicate, cooperate, appreciate, and feel empowered to express their full potential.

#### **Supportive Housing**

NAZCARE, Inc.'s supportive housing provides safe, affordable, and well-maintained housing facilities which encourage and support recovery programs, services, and personal development.

One of the number one factors for people with mental, co-occurring and substance abuse disorders is the lack of stable housing. It is the transition from licensed and supervised housing into a housing situation in which a provider agency wraps recovery services around residents and provides an array of support services. Supportive housing reaches the principles and concepts of independent housing and life skills that extend beyond the resident's disabilities and mental illness, to a place of empowerment and independence.



Serenity Circle, Cottonwood