

## **TRAINING FOR 20 PEER EDUCATORS (IN –SCHOOL YOUTHS) OF GOVERNMENT TECHNICAL COLLEGE ENUGU ON LIFE BUILDING SKILLS ON THE 19TH, 20TH AND 21ST OF MAY, 2014.**

**NAME OF FACILITATOR: ENE STELLA CHINWENDU**

**NAME OF ORGANIZATION: GLOBAL HEALTH AWARENESS RESEARCH FOUNDATION, ENUGU.**

A 3 day training was facilitated for 20 peer educators (PEs) (in-school youths) in Government Technical College Enugu, Enugu State On 19<sup>th</sup>, 20<sup>th</sup> and 21<sup>th</sup> of May, 2014. The students were selected from Js 1 and Js 2 respectively.

The goal of the training is to communicate HIV prevention and other reproductive health information to the peers in order to achieve behavior change.

They were trained in the following topics:

- ✓ Understanding who is a peer educator.
- ✓ Understanding what is peer education.
- ✓ Goal setting, Decision making.
- ✓ Self-esteem, Values, Negotiation and Refusal skills and Friendship.
- ✓ Stages in human development.
- ✓ Teenage pregnancy and parenthood.
- ✓ Sexually transmitted infections.
- ✓ HIV/AIDS, its modes of transmission and prevention.
- ✓ Understanding risks, Alcohol/Drug abuse and HIV, Poverty and Sex and Delaying Sex
- ✓ Knowing your HIV status, care and support of people living with HIV and Human rights.

The sessions were very interactive as the participants shared their own experiences.

One of the participants asked whether the way one speaks showed if the person has high or low self-esteem. The facilitator told the participant that it can because

when one speaks without confidence, it shows the person does not believe in him/herself. The facilitator also advised them to always have confidence in themselves all the time.

Another asked if he plans to make A's in all his courses by the end of the term, in which category of goal does this fall?. The facilitator told the participant that it is a short term goal since he plans to accomplish it in a few months time, assuming this goal will be accomplished in the coming years, it will be a long term goal.

Another peer asked if HIV can be contracted through a mosquito bite. The facilitator answered by saying that mosquitoes cannot transfer HIV.

Role plays were also used to demonstrate the topics taught each day and the participants displayed high understanding through their exhibitions.

At the end of the training, a role play was displayed by the participants on how to conduct their peer sessions; they also showed they understood the strategies well.



## **THE PEER EDUCATORS DURING THEIR TRAINING**



## **THE PEER EDUCATORS DOING SOME DEMONSTRATION**



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