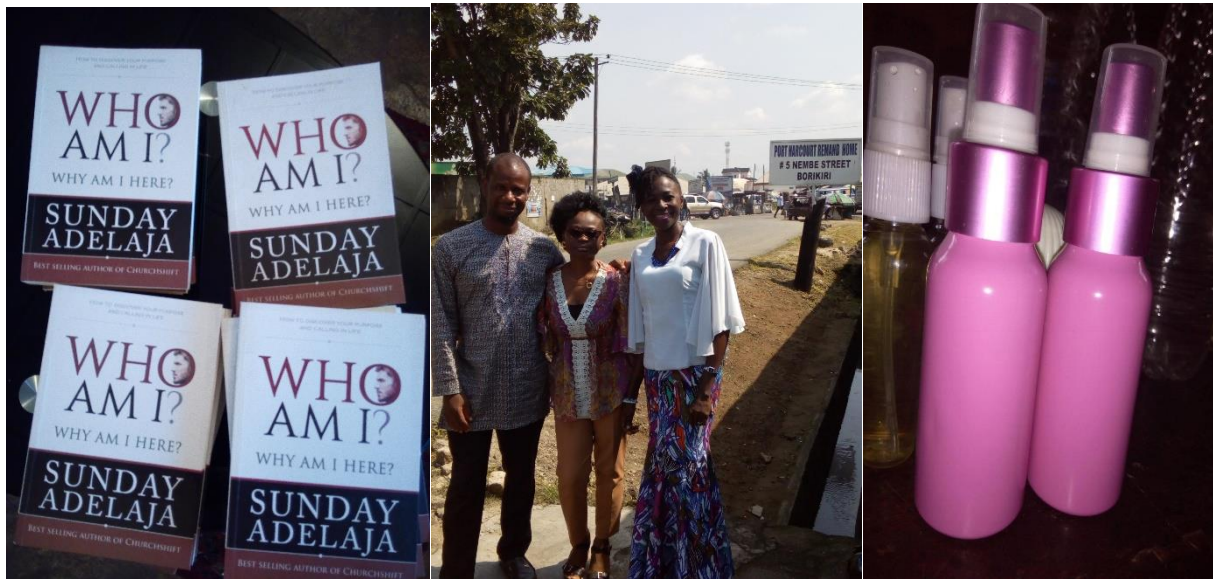


## REPORT ON THE REMAND HOME PROJECT MAY 2017 TILL 2018



**Books given/read**

**Some Team Members**

**Perfumes Produced**

### Synopsis

The main goal of the juvenile justice system is rehabilitation rather than punishment, so the need for interactive programmes for re-orientating these young minds cannot be over emphasised. Delinquent behaviour in most adolescent is usually caused by the strong force of peer group and environment which eventually results in more serious crimes.

So, the need for mindset change and attitude re-orientation amongst our young people in the Port Harcourt Remand Home Borokiri, is very important especially at this point in their life to enable them to thrive as wholesome individuals and useful members of the society.

Thus, we created a platform for social interaction and life consciousness through book reading, interactive discuss, capacity building training, personal skills development and anger management class.

### **Project Title: Self Development, Literacy and Interactive Programme**

This is a weekly Self- Development, Literacy and Capacity building training aimed at enlightening the young children/teenagers in confinement to carry out a self-assessment/discovery on who they are, identify their talent/passion and build capacity to overcome any challenge in life especially their negative past.

This programme kicked off on 26<sup>th</sup> May 2017 where forty (40) copies of the book 'Who Am I, Why am I Here' by Dr. Sunday Adelaja was given to all the inmate. The book was paid for by kind donations of Dr. Abimbola Adetunji, who expressly wanted to be a partner in our first start off.

The second book reading was Anger Management and Control Strategies by Mrs. Nancy Iheduru. This was necessary because we observed that a lot of the children had anger management issues and if unresolved would eventually grow into violent behaviour or outburst. The anger, frustration and depression that comes with being in confinement presents opportunity for violent emotional displays therefore, we thought it expedient to facilitate some interactive open sessions for discuss.

Further, we introduced other life skills topics to encourage emotional intelligence, personal development and good interpersonal relationship were introduced such as i) Personal Development: Attitude Reorientation & Mind-set Change, ii) Self-Esteem & Respect, iii) Handling Peer Pressure, iv) Communication and Presentation skills, v) Love: Love our neighbour as yourself and vi) Love – Understanding God's Love.

We officially closed the Remand Home capacity building sessions for the year on Friday 22<sup>nd</sup> December 2017 with a Christmas party with the inmates recapping key learning points from all the various training topics handled.

However, in January 2018, we introduced **skills acquisition trainings** to equip them with practical livelihood/income generation technical acumen, to enable them to make a living once they are released from confinement. This came because of the urgent call for assistance from one of our released inmates when he went back home to his family. The skills learnt so far are: Perfume Production, Custard Production, scouring detergent/powder production, Liquid soap production, shoe making, Disinfectant production.

## Methodology

- The training programme has been quite interactive with a mix of style from personal study/assignment, book reading, to group discuss, presentation, role play, motivational video shows and power point presentation.

The focus of the training is to enable the teens to become more relaxed, think critically/analytically about the effect of their decisions/actions, develop good self-esteem, also help them sharpen their public speaking skills and acquire basic life skills.

- **Practical Skills Acquisition Training:** This was introduced from **January 2018** to equip the released inmates with income generation skills for improved livelihood.

## Learning points

1. There is an element of goodness in every human being and all that is required is for someone to believe in them, show them love and better options/choices in life and full turn around/change is inevitable.
2. Stepping outside our comfort zones will usually open us up to a world of endless possibilities.

## **Success Stories**

We were able to reconnect 3 inmates back with their relatives who did not know the location and whereabouts of their children/ward.

The major success was the case of the orphan who was arrested in Uyo, Akwa Ibom State and brought to the Port Harcourt Remand Home in Rivers State. On August 31<sup>st</sup>, 2017, our search for his relatives had us send someone to locate his people in their village, where we learnt that his relatives (Aunt & Uncle), did not know where he was and had been looking for him for more than a year. It was a sweet reconnection journey because they came to visit and take him home a week after.

## **Books/Topics Taken**

### **A. Who Am I, Why Am I Here by Dr. Sunday Adelaja**

1. Who Am I?
2. Make Your Name and Know Your Values
3. What Can I Do? A Question of Potential
4. Why Am I Here? What Am I Doing Here?
5. Where Am I Going? A Question of Destiny.
6. The System of Values and Beliefs.
7. How to Find Your Calling.
8. The Principles of Fulfilling a Dream to its Fulfilment.
9. Specific Steps from a Dream to its Fulfilment.
10. What is an Inferiority Complex and What Causes It?
11. Feelings of Guilt
12. Victim Mentality.
13. The Fear of Failure.
14. Fear of Criticism.
15. Denial.
16. Low Self-Esteem.
17. What is the Difference Between Winners and Losers?

### **B. Anger Management and Control Strategies by Nancy Iheduru**

1. The Nature of Anger
2. Categories of Anger
3. Triggers
4. Consequences of Anger (Types of Anger).
5. Anger Based Domestic Violence.
6. Management & Control Strategies.
7. Mop up Operation

C. Personal Development : Attitude Réorientation & Mind-set Change

D. Self-Esteem & Respect

E. Handling Peer Pressure

- F. Communication and Presentation skills
- G. Love – Love our neighbour as our self
- H. Love – Understanding God's Love

### **Donations (Items Received)**

1. 40 books (Who Am I, Why Am I Here?)
2. 8 school books & 5 story books N2000
3. 1 Bag of Rice
4. 2 Live Chickens
5. 6 Ariel/Omo Detergent
6. 6 Tablets of Lux Soap
5. Cash - N8,000

### **Items bought/ Given for the Remand Home Christmas Party**

1. 2 Cartons of Indomie @ N4,000
2. 1 ½ Cartons of Malt @ N3,924
3. Balloons @ N1000
4. Biscuits @ N1350
5. 4 Tooth Paste @ N1,000
6. 6 Ariel/Omo Detergent
7. 6 Tablets of Lux soap

### **Our Sponsors/Partners**

1. Dr. Abimbola Adetunji
2. Mr. Benjamin Isuku
3. Mrs. Ugochi Okoro
4. Mrs. Ijeoma Obowu
5. Mr. Ebeli Eperibou
6. Mr. Opeyemi Farinde (Website Design)
7. Ms. Ukachi Opara

### **Volunteers/Facilitators**

1. Mr. Ike Chima
2. Mr. Ebeli Eperibou
3. Mr. Tochukwu Dickson
4. Ms. Irene Ohia
5. Barr. Kingsley Ezekiel
6. Mrs. Tarela Ohia
7. Mr. Saviour