

M. B. Barvalia Foundation



ORF - MBBF

Outreach Project

Holistic Interventions for Healthcare, Sanitation, Cleanliness and Education in Deonar - Govandi - Mankhurd - Shivaji Nagar slum communities. Harnessing spiritual, cultural, social and affordable healthcare resources. A project that combines Service (seva), Action, Advocacy and Research.

Our Achievements

- In last 3 Years 33,281 patients have been treated through our O.P.D. & Mobile Van.
- Every year 1000 special children & their parents receive multidisciplinary evaluation & counselling through our Free Child Care Camps.
- In last 3 years 2400 children with disability & mental health problems received treatment, Therapy & educational inputs at our Holistic Child Care Centre number of children with Autism got integrated in mainstream / slow learner school.
- We established cost effective services in slum area through Mobile Van.
- Spandan's Holistic Child Care Centre has attracted Children from various parts of country as well as abroad from countries like Spain, Kuwait etc.

M. B. Barvalia Foundation is a registered public charitable trust established in February 1997 with the objective of promoting holistic health and value-based education.

It has following units:

- Holistic Child Care Centre & Special School
- Spandan Holistic Institute of Applied Homoeopathy
- Medical Center
- HIV / AIDS Care Centre

The Holistic Child care centre is dedicated to the comprehensive care of children with disabilities. It operates a Government - recognized special school in Ghatkopar. This is a unique centre which provides, under one roof, holistic healthcare and education with the help of a multidisciplinary team of homoeopaths, pediatricians, neurologists, pediatric orthopaedic surgeons, clinical psychologists, psychiatric occupational therapists, special educators, speech therapists, physiotherapists, counselors, Yoga therapists and social workers.

Every child has divine potential

Our Vision

To contribute in partnership with MCGM and other stakeholders to achieve:

- A drastic reduction in maternal and infant mortality rates.
- A significant improvement in the health indicators of mothers, infants and children, in the densely populated slum communities in Deonar, Govandi and nearby areas.

We are working in the most crucial but most neglected area in health care viz. Disability, HIV & AIDS. We are catering to people from the socio-economic class. Through our Mobile Van, we are serving the most deprived and backward slum areas which literally touch the dumping grounds. We conduct free camps through which we have helped thousands of disabled children and we have been able to restore smiles in number of distressed parents.

Spandan Holistic Institute of Applied Homeopathy has conducted clinical & fundamental research projects. It is being upgraded as **Centre of Excellence** in child care and rehabilitation by Ayush, Ministry of Health, Government of India.

Spandan Team

Gynaecologist :

Dr. Anuradha Narayanan
Dr. Sharmishtha Jadhav - Kewle
Dr. Priti Nandanwar

Pediatrician :

Dr. Rekha Udani
Dr. Nilesh Shah

Radiologist :

Dr. B. Shrivastava

Pathologist :

Dr. Prashant Bansode

Genetic Expert :

Dr. B. N. Apte
Dr. (Mrs) Pratibha Posam

Visiting Neuro Surgeon :

Dr. Ashish Mehta

Visiting Pediatric

Orthopaedic Surgeon :

Dr. Taral Nagada
Dr. Jaydeep Dhamele

Anaesthesiologist :

Dr. Neelam Agarwal

Physiotherapist :

Dr. Dhruv Mehta
Dr. Brinda Merchant

Occupational Therapist :

Dr. Aparna Bhabal-Ghughare

Speech Therapist :

Mr. Rohit Ojha

Clinical Psychologist :

Dr. Purnima Thakkar
Ms. Geeta Behera

Homoeopaths :

Dr. Praful Barvalia
Dr. Alka Barvalia
Dr. Vaishali Joshi
Dr. Chhaya Laddha
Dr. Nirupama Agarwal
Dr. Rahul Suryavanshi
Dr. Hema Kothari
Dr. Jatin Kalyani
Dr. Ila Shah
Dr. Ami Kabani
Dr. Aditi Patel
Dr. Pradeep Parekh

Medical Social Worker :

Mr. Rahul Jainar

Advisor :

Mr. Shivaji Sanap

Board of Trustees

- Dr. Praful Barvalia** : Chairman, M. B. Barvalia Foundation & Spandan Organization.
- Mr. Sudheendra Kulkarni** : President, Spandan Holistic Mother - and - Child Care Hospital
- Mr. Hasmukh Barvalia** : Mr. Guntant Barvalia
- Mr. Anil Parekh** : Dr. Kumar Dhawale



MCGM & M. B. Barvalia Foundation's
Spandan Holistic Mother - and - Child Care Hospital



Near Deonar Fire Brigade, Municipal Colony, Deonar,
Govandi, Mumbai - 400 043.

Communication

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🌐 : www.holisticfoundation.org



SPANDAN HOLISTIC MOTHER-AND-CHILD CARE HOSPITAL

A public Private Partnership project of the Municipal Corporation of Greater Mumbai, under which the M. B. Barvalia Foundation has established maternity home at Deonar with many upgraded Holistic Mother - and - Child Care facilities for the benefit of the large slum population in and around Govandi.



Our Activities

- Maternity Home and Allied Services
- Neonatology Unit
- Holistic Multidisciplinary Care in Disability and Mental Health
- Neuro Muscular Rehab Centre
- Advanced Laboratory for Genetic and Metabolic Studies
- Diagnostic Services
- Homoeopathic Research and Educational Centres
- Preventive and promotive healthcare, education and intervention in slum communities through a dynamically integrated outreach program to achieve total health awareness to empowerment.

Maternity Home Services

- Competent Gynaecologist
- Comprehensive Antenatal & Postnatal Care
- Patient's Education
- Holistic Approach

Neonatology : Intensive Care Unit (NICU)

- Round the clock Dynamic Services
- Well equipped unit



Spandan Holistic Institute of Applied Homoeopaths Centre of Excellence : Child Care & Rehabilitation

Comprehensive Children's Hospital

- ◆ Holistic Multidisciplinary Care in Disability & Mental Health.
- ◆ Medical, Surgical & Therapies under one roof for Autism, Down's Syndrome, Cerebral Palsy, M.R. etc.
- ◆ Services range from Early Intervention to Adolescent Care

Homoeopathic Hospital & Research Institute

- ◆ Homoeopathic Hospital & Research Institute.
- ◆ Homoeopathic O.P.D. & I.P.D. Imparting Quality Care & Research
- ◆ Basic & Advance Fellowship Courses of International Repute.

Advance centre for Autism

Autism is Neuro Psychaitric childhood disorder characterize by severe perasive impairment in several areas of development.

The management therefore has to be multidisciplinary. It can be arrested significantly. We have evolved a specialized module & we possess relevant skills & expertise to manage this condition with positive result. We have setup unique institute for autistic children to provide all the relevant therapeutic inputs under one roof. We have been will be able to cater to large number of Autistic Children through this project.



Department of Medical Genetics and Metabolic Disorders

Early diagnosis of genetic diseases is very important as it provides opportunity for medical intervention. A sizeable number of genetic metabolic diseases can be managed very well by nutritional supplementation and dietary restrictions.

We are launching state of art department managed by Very senior, internationally renounced Experts.

Clinical Research

We have successfully conducted clinical research project in Autism Spectrum Disorder under auspices of Central Council of Research in Homoeopathy - Ayush.

General Healthcare

- ◆ Basic and advanced diagnostic services like • Pathology Lab • Sonography • Radiology • CT Scan
- ◆ I.P.D. and Surgical Facilities. ◆ Well equipped maternity Home
- ◆ Community care through Mobile Clinic & Satellites Centres.



Neuro Muscular Rehabilitation Center



Unit dedicated to the needs of children with Neuro-Orthopaedic disorders and birth defects like cerebral palsy, Spina bifida, Club foot, Poliomyelitis, Myopathies, Muscular Dystrophies etc.

Cerebral palsy is a sinister disorder affecting children incidence as high as 1.5 to 4 per 1000 live births.

People suffering from locomotor disabilities in Maharashtra state are 5,69,945.

We are presenting comprehensive Neuro Muscular Rehabilitation Center comprising of:

- Well equipped surgical unit.
- Specialised operation theatre to provide paediatric orthopedic & Neuro surgery.
- Specialized gait analysis and training unit
- Recovery Rooms.
- Well designed therapy unit, which will provide intensive physiotherapy, Play therapy, Neuro developmental therapy and Neuro developmental therapy and Sensory integration therapy.
- Latest and modern equipments to provide quality care.



Outreach Projects :

Public Health Initiative

We have undertaken a challenging project under AYUSH - Public Health Initiative. Project is dedicated to the needs of children with disabilities, mental health dysfunctions in community as well as mainstream schools. We have adopted various schools from slum & under privileged areas.