

PRUDENCE GWAGWA'S STORY



Prudence Gwagwa and Shannel her daughter (Prudence is wearing a white hat and Shannel is wearing a pink top)

Story translated in English

The above named caregiver aged 17 is a young mother of a one year old child. Before her life changing encounter with HOPE *worldwide*, Prudence was not raising her child the right way. She could travel leaving her child behind because she was afraid that people of her age will laugh at her due to the fact that she has a child whilst she is still young. She was also not constant in preparing food for her child. In addition to that, she used to stigmatise the HIV positive people and would laugh at people with disability. However, thanks to HOPE *worldwide*, she now knows the right way to raise up her one-year old child. Under the various lessons on nutrition conducted by HOPE

worldwide Zimbabwe, she now knows how to prepare a balanced diet for her child. She learnt the value of fruits and the perils associated with giving too much starch to her child. She has also learnt the importance of loving her child as the child develops child confidence and a healthy self-esteem.



Prudence Gwagwa is dressed in a pink top standing with Mrs Madzivanzira a social worker at area A Community centre.

Source: Story collected by Prudence Kuvheya



Happy to have birth certificates for her two children as a single mum



16 year old and a mother of a two year old malnourished baby Russel got foodstuff



Community Sister in charge gave a talk on good nutrition for children

